

Level 4 Apprenticeship in Sports Coaching

High-Performance Coach /Community Sports/ Schools Coach (England)

Inspire Performance | Build Participation | Shape the Future of Sport

This apprenticeship prepares coaches to inspire, develop, and support others across high-performance, community, and school settings. Whether working with athletes on talent pathways, engaging people of all ages in community sport, or supporting pupils' development in schools, coaches will gain the advanced skills, knowledge, and behaviours to deliver safe, effective, and inclusive programmes that make a lasting impact.



COACH

About the Apprenticeship

Ideal for coaches working in schools or performance sport environments, this programme develops advanced practice in coaching, athlete development, and professional leadership.

- **Duration:** Typically 18 months
- **Delivery:** Work-based learning, applied coaching practice, and supported professional development
- **Funding:** £9000

What You Will Learn

- **Advanced Coaching Practice** – Plan, deliver, and evaluate safe and effective coaching programmes.
- **Athlete and Participant Development** – Support physical, mental, and social growth through inclusive practice.
- **Leadership and Professional Standards** – Lead by example, promote safeguarding, and uphold professional behaviours.
- **Communication and Relationship Building** – Work effectively with athletes, parents, schools, community partners, and sporting organisations.
- **Performance Analysis and Reflection** – Use feedback, technology, and data to improve coaching outcomes.

Who is it for?

- **High-Performance Coaches** – Developing athletes and players on talent pathways, professional or podium programmes
- **Community Sport Coaches** – Motivating and engaging people of all ages and abilities in local clubs, charities, and initiatives
- **School Sport Coaches** – Working alongside teachers to develop pupils' skills and confidence through a whole-child approach

Career Progression

- Progress into roles such as Performance Coach, Community Sport Lead, or School Sport Coordinator
- Advance to Level 5 Specialist Coaching or Leadership qualifications
- Build a career across professional sport, education, community development, or national governing bodies

