

Level 3 Apprenticeship in Community Sport and Health Officer

**Engage Communities | Promote Wellbeing |
Inspire Active Lifestyles**

This apprenticeship is designed for individuals working within local communities to engage people in sport and physical activity. It develops the skills, knowledge, and behaviours needed to deliver inclusive programmes, support healthier lifestyles, and tackle barriers to participation.

Learners will gain the expertise to plan, deliver and evaluate community-based projects, while acting as role models to encourage positive change and long-term wellbeing.



About the Apprenticeship

Ideal for coaches working in schools or performance sport environments, this programme develops advanced practice in coaching, athlete development, and professional leadership.

- **Duration:** Typically 16 months
- **Delivery:** Work-based learning, community projects, and supported professional development
- **Funding:** £9000

What You Will Learn

- **Community Engagement** – Build trust, connect with local groups, and increase participation in sport and physical activity.
- **Programme Delivery** – Plan and deliver inclusive sessions that encourage active, healthy lifestyles.
- **Health and Wellbeing Promotion** – Support behaviour change, healthy eating, and wider wellbeing initiatives.
- **Safeguarding and Inclusivity** – Ensure safe practice and create welcoming environments for all.
- **Monitoring and Evaluation** – Assess the impact of programmes and report outcomes to stakeholders.
- **Personal Development** – Reflect on your practice and develop leadership and communication skills.

Who is it for?

- Staff delivering sport and health projects in schools, clubs, and communities
- Those employed by local authorities, charities, leisure providers, or national governing bodies
- Individuals passionate about using sport and activity to improve health and wellbeing

Career Progression

- Progress to roles such as Community Sport Development Officer, Health and Wellbeing Coordinator, or School Sport Lead
- Advance to higher-level qualifications in sports coaching, public health, or management
- Build a career across sport, leisure, education, or community development

