

Level 3 Apprenticeship in Sports Development – Sports Coaching

Inspire Others | Build Confidence | Start Your Coaching Journey

This apprenticeship is designed for individuals who are passionate about using sport as a tool for change in schools, clubs, and communities.

Learners will gain the skills and confidence to plan, deliver, and evaluate sports coaching and development projects that increase participation, improve health and wellbeing, and create lasting impact.

Through practical experience, they will learn how to engage people of all ages and abilities, build partnerships, and support inclusive opportunities for everyone to enjoy the benefits of physical activity.



About the Apprenticeship

Ideal for aspiring or current coaches who want to combine coaching practice with community sport development. This programme builds leadership, communication, and project skills to deliver high-quality activity and encourage more people to get active.

- **Duration:** Typically 15 months
- **Delivery:** Work-based learning, community sport projects, and tutor support

What You Will Learn

- **Sports Coaching Practice** – Plan and deliver safe, inclusive, and enjoyable sessions.
- **Community Engagement** – Motivate people to take part and overcome barriers to participation.
- **Programme Development** – Design and deliver projects that promote sport and physical activity.
- **Safeguarding & Welfare** – Ensure safe practice and promote wellbeing in sport settings.
- **Monitoring & Evaluation** – Measure the impact of programmes and report results to stakeholders.
- **Leadership & Communication** – Build strong relationships with schools, clubs, and local organisations.

Who is it for?

- Aspiring coaches working in schools, clubs, or community sport projects
- Staff employed by local authorities, charities, or national governing bodies of sport
- Individuals wanting to progress their career in sports development or coaching

Career Progression

- Move into roles such as Community Sport Development Officer, Club Development Coach, or Health & Wellbeing Coordinator
- Progress to higher-level qualifications such as the Level 4 Sports Coach or Leadership in Sport and Physical Activity
- Build a career in sports development, community engagement, education, or health promotion

