

Level 2 Certificate in Supporting Physical Activity and Sport

Within the School Environment – Wales

This certificate is designed for those supporting the delivery of sport and physical activity in schools. Learners will develop the practical skills and knowledge to assist teachers, motivate pupils, and create safe, enjoyable opportunities for participation in PE and extracurricular activities.



About the Apprenticeship

Ideal for individuals starting a career in school sport or for staff who want to build confidence in supporting pupils' physical development.

- **Duration:** Typically 12 months
- **Delivery:** Work-based learning, school-based practice, and tutor support

What You Will Learn

- **Supporting PE Lessons** – Assist teachers in delivering engaging physical education sessions.
- **Organising Activities** – Help plan and lead safe, inclusive extracurricular clubs and events.
- **Child Development** – Understand how physical activity supports health, wellbeing, and learning.
- **Safeguarding and Safety** – Apply safe practice and risk management when working with children.
- **Communication Skills** – Build positive relationships with pupils, teachers, and parents.

Who is it for?

- Teaching assistants or support staff in schools
- Individuals interested in starting a career in PE, sport, or youth activity provision
- Staff delivering after-school clubs, lunchtime activities, or community sport links

Career Progression

- Progress into roles such as School Sport Assistant, Teaching Assistant, or Community Sport Activator
- Pathway to further qualifications, including the Level 3 Community Sport and Health Officer or Level 3 Teaching Assistant
- Gain transferable skills to support wider careers in sport, education, and youth work

