

Level 2 Award in Health and Safety in the Workplace (RQF)

Work Safely | Know the Law | Prevent Accidents

This regulated qualification is ideal for anyone working in a role that involves health and safety responsibilities across various sectors.

The course provides essential knowledge of workplace hazards, risk control, and legal duties—helping individuals work safely and organisations meet their obligations under health and safety law.



About the Apprenticeship

This nationally recognised qualification supports employers in meeting their legal duty to train staff in health and safety procedures under the Health and Safety at Work etc. Act 1974 and related regulations.

- **Duration:** 1 day (6 contact hours)
- **Delivery:** Classroom-based with practical learning and discussion
- **End-Point Assessment:** Multiple-choice question paper

What You Will Learn

- **Understanding Roles and Responsibilities** – Explore the responsibilities of employers and employees in maintaining a safe working environment.
- **Identifying Common Workplace Hazards** – Recognise physical, chemical, biological, and ergonomic hazards in a range of industries.
- **Risk Assessment and Control Measures** – Understand how risks are assessed and how to apply control measures effectively.
- **Accident Prevention and Reporting** – Learn how to reduce the risk of incidents and report them correctly using RIDDOR.
- **Emergency Procedures and Safe Working Practices** – Know how to respond to emergencies and follow safe systems of work.

Who is it for?

- Employees across all sectors and industries
- Team leaders and supervisors
- New starters and apprentices
- Anyone responsible for maintaining a safe workplace

Career Progression

- Helps organisations meet legal training requirements
- Enhances workplace safety culture
- Reduces accident rates and promotes proactive risk management

