

Level 2 Apprenticeship Community Activator Coach

Inspire Activity | Engage Communities | Promote Healthier Lifestyles

This apprenticeship is ideal for individuals who want to lead community-based physical activity sessions that are fun, inclusive, and engaging.

Learners will develop the skills to encourage people from all backgrounds to adopt and maintain an active lifestyle, improving their physical and mental wellbeing.



About the Apprenticeship

Designed for activators, community coaches, sports leaders, and outreach workers, this programme prepares individuals to deliver meaningful and accessible activity sessions in a variety of community settings.

- **Duration:** Typically 14 months
- **Delivery:** Work-based learning, coaching practice, and tutor-led sessions
- **End-Point Assessment:** Portfolio-based evidence, workplace observation, and knowledge tasks

What You Will Learn

- **Planning and Leading Inclusive Activities** – Learn to design and deliver sessions that are enjoyable, accessible, and suitable for a wide range of participants.
- **Understanding Community Needs and Behaviours** – Develop strategies to engage different groups and encourage behaviour change through physical activity.
- **Health and Safety in Coaching Environments** – Promote safe participation by understanding safeguarding, risk assessment, and first aid considerations.
- **Communication and Motivation Techniques** – Build confidence and rapport with participants, tailoring sessions to individual needs and group dynamics.
- **Functional Skills in English and Maths** – Achieve Level 1 or Level 2 Functional Skills in English and Maths if not already held.

Who is it for?

- Community sports and activity leaders
- Youth and outreach workers
- Anyone passionate about using sport and movement to engage others

Career Progression

- Progress to Level 3 qualifications in coaching, fitness, or wellbeing roles
- Take on roles such as Community Coach, Physical Activity Leader, or Sports Development Assistant
- Build a career in community health, sport for development, or active wellbeing

